Female Hormone and Stress Questionnaire

Use this tool to assist you in discovering which Wellness Program is the best option for you. Simply go through each section and check each symptom you are experiencing. Once complete we can guide you to the Wellness Program that would be best.

**Hormone Symptoms**
- Acne
- Breasts - fibrocystic
- Breasts - tender
- Incontinence
- Mood swings
- Tearful
- Urinary urge increased
- Vaginal dryness
- Water retention
- Weight gain - hip

**Stress Symptoms**
- Blood pressure high
- Blood pressure low
- Blood sugar low
- Chemical sensitivity
- Cholesterol high
- Constipation
- Goiter
- Hair - dry or brittle
- Hearing loss
- Hoarseness
- Nails - breaking or brittle
- Numbness - feet or hands
- Pulse Rate Slow
- Sugar cravings
- Sweating decreased
- Swelling or puffy eyes/face

**Both Hormone and Stress Symptoms**
- Aches & pains
- Allergies
- Anxious
- Bleeding changes
- Body temperature cold
- Bone loss
- Breast cancer
- Depressed
- Fatigue - evening
- Fatigue - morning
- Fibromyalgia
- Foggy thinking
- Hair - increased facial or body
- Hair - scalp loss
- Headaches
- Heart palpitations
- Hot flashes
- Infertility
- Irritable
- Libido decreased
- Memory lapse
- Muscle size decreased
- Nervous
- Night sweats
- Rapid aging
- Rapid heartbeat
- Skin thinning
- Sleep disturbed
- Stamina decreased
- Triglycerides elevated
- Uterine fibroids
- Weight gain - waist

Fill this out and return the form to Collier Compounding or email it to compounding@collierdrug.com