

Female Hormone and Stress Questionnaire

Use this tool to assist you in discovering which Wellness Program is the best option for you. Simply go through each section and check each symptom you are experiencing. Once complete we can guide you to the Wellness Program that would be best.

Hormone Symptoms

Acne	Mood swings	Water retention
Breasts - fibrocystic	Tearful	Weight gain - hip
Breasts - tender	Urinary urge increased	
Incontinence	Vaginal dryness	

Stress Symptoms

Blood pressure high	Goiter	Pulse Rate Slow
Blood pressure low	Hair - dry or brittle	Sugar cravings
Blood sugar low	Hearing loss	Sweating decreased
Chemical sensitivity	Hoarseness	Swelling or puffy eyes/face
Cholesterol high	Nails - breaking or brittle	
Constipation	Numbness - feet or hands	

Both Hormone and Stress Symptoms

Aches & pains	Hair - increased facial or body	Rapid aging
Allergies	Hair - scalp loss	Rapid heartbeat
Anxious	Headaches	Skin thinning
Bleeding changes	Heart palpitations	Sleep disturbed
Body temperature cold	Hot flashes	Stamina decreased
Bone loss	Infertility	Triglycerides elevated
Breast cancer	Irritable	Uterine fibroids
Depressed	Libido decreased	Weight gain - waist
Fatigue - evening	Memory lapse	
Fatigue - morning	Muscle size decreased	
Fibromyalgia	Nervous	
Foggy thinking	Night sweats	

Fill this out and return the form to Collier Compounding or email it to compounding@collierdrug.com

